

#4

Navarro County Commissioners Court PUBLIC COMMENTS

Print Name and Subject

DATE 10/7/20

	NAME	SUBJECT
1.	Donald Kelm	AgriLife Extension
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		
11.		
12.		
13.		
14.		
15.		
16.		
17.		
18.		
19.		
20.		

October 2022

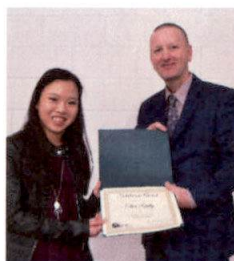
Extension Newsletter for County Commissioners Court

What is 4-H?

Scholarship

Each year, the Texas 4-H Youth Development Program awards an estimated \$2.2 million in scholarships to high school seniors. In 2021, 36 youth from the Central District 8 earned \$421,500 in scholarship money for advanced education.

The youth from Bell, Bosque, Coryell, Ellis, Hamilton, Hill, Hood, Johnson, Leon, McLennan, Milam, Navarro, and Robertson Counties are seeking advanced degrees in fields such as Interdisciplinary Studies, Business, Marketing, Food Science, Agribusiness, Agricultural Leadership & Development, Poultry Science, Mechanical Engineering, Bilingual Education, Culinary Arts, Social Work, Agricultural Economics, Agricultural Education, Business Management, Welding, Animal Science, Environmental Science, Kinesiology, Finance, Art Education, Psychology, Physics, Biomedical Sciences, Electrical Engineering, Equine Science, Public Health, Agricultural Communication, Pre-law, Electrical Power & Controls, Chemistry, Early Childhood Education, and Nursing. Upon completion of their advanced degrees, many of the youth have indicated they would like to return to give back to the communities that helped make their futures possible.



The Texas 4-H scholarship program began in 1959. At that time, the Houston Livestock Show & Rodeo awarded youth with scholarships in the amount of \$1,000. Today the largest scholarships are \$20,000 presented by the San Antonio Livestock Exposition & the Houston Livestock Show & Rodeo

In 2022, the scholarship program will celebrate 65 years of providing college scholarships to Texas 4-H members and continues to be the largest 4-H scholarship program in the United States.

4-H Project Work and Contests



4-H projects are the educational experiences in which youth who are 4-H members participate. A project is defined as consisting of 5-6 new learning experiences, leadership, community service, and exhibition of their project work. Youth engage in learning experiences through a variety of methods such as project meetings, workshops, tours, interviews, research, and more. All youth are encouraged to teach others about what they have learned to gain leadership skills

and are also encouraged to help give back to their community. In addition, youth can engage in competitive events such as presentations, speeches, demonstrations, and/or recordbooks. Adult volunteer leaders will help youth in setting and reaching their goals through their project work.

Big 5 Projects in District 8

Agriculture & Livestock	6049
Family & Community Health.....	5653
Leadership.....	1437
Natural Resources.....	3269
STEM.....	944

Ag and Natural Resources Project Contest Areas

Dairy Cattle Judging.....	27
Holiday Classic.....	492



Andrew Lewis, CEA—AG and Natural Resources
Lorie Stovall, CEA—Family Community Health
Cecily Nors, CEA—4-H Youth Development

Horse Judging.....	25
Horse Show.....	91
Livestock Judging.....	162
Meat Judging.....	9
Rifle/Light Rifle.....	47 & 70

Family & Community Health Project Contest Area

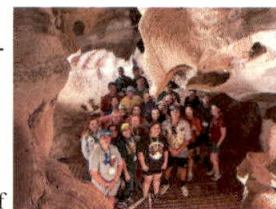
Fashion Show & Fashion Storyboard	65 & 15
Duds to Dazzle.....	24
Food Challenge.....	191
Food Show.....	94
Consumer Decision Making.....	138

Leadership and Personal Development

Leaders 4 Life Skillathon.....	30
SURGE (Leadership Lab).....	93
Photography Entries.....	436
Recordbooks (District & State Qualifiers).....	267 & 58
Roundup (District & State Qualifiers/Representatives).....	161 & 434
Quiz Bowls (FCH, Horse, & Livestock)	

District 8 4-H SURGE (Leadership Lab)

The 4-H Youth Development Program prides itself on teaching leadership life skills to its youth members to grow into successful, contributing members of society in adulthood. One even that teaches and helps youth develop the life skills of our 4-H members is District 8 4-H SURGE (formerly known as Leadership Lab). It is a three-day, two-night program targeted at 4-H members in grade 8-12. District 8 boasts of having the largest participation in the state for the last several years.



Each year, we put a significant emphasis on learning life-skills through hands-on activities. At this year's camp, youth were challenged to push out of their comfort zone through the Ropes Course. They were then challenged to find their inner scientist and solve the mystery of the STEM Escape Room & their inner grill master with our Grilling & Outdoor Cooking workshop. Finally, our youth were given the opportunity to explore Longhorn Caverns and learn about the history and science behind those caverns.



District 8 4-H
Making the Best Better

Agriculture and Natural Resources:

42nd Annual Beef Calendar:

1,000 calendars printed and distributed to feedstores, banks, and residents of Navarro, Freestone, and Ellis County. Resource provides information about herd management, forage production, and more. ***State Award Winning***

County Clean Up Day:

Hosted August 6th. 265 Vehicles, 360 participants, 74 Volunteers, 1036 Cubic yards collected

County Tire Day:

Hosted September 16th, 56 loads of tires, 1409 tires (passenger/semi/tractor), 16 volunteers.

Wildlife Workshop:

Hosted May 27 at the Gus Engeling WMA, 23 Participants, Topics covered included—Wildlife Tax Exemptions, Dual management for forage production and whitetail, etc..

RACE Trial:

Planted May 19, Harvested September 28th with Reed Agriculture. 10 Varieties replicated 4 times.

Forage & Beef Cattle Programming:

Forage planning, Seed Selection, Cattle Marketing & Ento

4-H and Youth Development:

The Navarro County 4-H Program included 180 members of 10 organized community clubs and 1880 members in school enrichment programs.

Food and Fiber Round-Up: 599 youth from the Navarro County Schools along with 100 volunteers came out to our Food and Fiber Round-Up there are 9 stations the youth rotate through such as Beef education, Swine, water education, Southwest Mobile Dairy, Wheat, Cotton and Corn, Healthy Food choices as well as Farm Bureau Trailer. We also provide a well rounded lunch provided to the students and teachers.

Tri-County Ag Tour: 45 youth from Navarro, Johnson, Ellis and Hill Counties toured ag businesses across the food supply chain over 3 days. Youth learned about Ag Financing, Risk Management, Diversification and Ag Careers.

Hatching in the Classroom: 260 Navarro County students attended school program demonstrates embryology and agriculture while learning about the Hatching process of a chick.

4-H Livestock Projects: 48 youth participants

4-H Leadership & Personal Development:

- 39 youth participated in Shooting Sports
- 24 youth participated in Food Challenge
- 8 youth participated in Food Show
- 50 youth participated in Consumer Decision Making
- 15 youth participated in public speaking or Share the Fun
- 5 youth participated in Texas 4-H Roundup
- 5 youth participated in District 8 Surge Leadership Camp
- 26 youth participated in County 4-H Camp
- 10 youth completed Recordbooks—1 State qualifier

Family & Consumer Sciences:

Souper Bowl of Caring 2022

Organized a Food Drive for Compassion Corsicana with 4-H students participated and collected **\$560 in cash and 398** food items for local food pantries. **9 students and 6 volunteers** participated in the collection.

BLT Nutrition Newsletters

Delivered between **150 and 250 nutrition newsletters** with recipes quarterly to the Corsicana Food Pantry and First Baptist Good News Café and Foster Grandparents

BLT Healthy Carbohydrates

A 4 series class on nutrition and healthy carbohydrates for weight maintenance and carb balance to manage or help prevent diabetes with **15 participants and 12 graduates**

Cooking Well with Diabetes and Master of Memory

Conducted with Faith Lutheran Church to demonstrate healthy cooking habits and recipes with **10 participants and 7 graduates**. Master of Memory skills classes with **9 participants**

Dining at the Dollar Store and Budgeting Skills

Was taught to the Foster Grandparents Club to help learn ways to budget income/expenses save money on pantry staples with **15 participants**

Heart Health Curriculum

Healthy Heart lessons were taught to the Wellness Warriors group and the Navarro County Conservative group with **35 total participants**

Chamber of Commerce Ambassador

Attend monthly meetings, ribbon cuttings and business after hours to meet new clients and market Extension programs with **12 ambassadors**. Volunteered with **3 4-H members** to help facilitate and serve at the Chamber Business Awards with over **200 business members present**.

Navarro County Early Childhood Coalition

Chair of the health committee and meet monthly to plan educational programs for parents and educators with **50 members**. Taught Safety Days Safe Sleep class with **40 participants**, Healthy Child Week, **20 participants**, Childcare appreciation week, **30 participants**. Provided Nutrition games for students during the Parent Café meetings with **15-25 parents and 15 students** that meet monthly.

Virtual Seafood Cooking Toolkit

Posted a virtual grilling school on Facebook with weekly seafood selections for the 4-week program and shared daily educational posts and recipes for oysters, crab, crawfish, and shrimp. **Over 75 tuned in weekly**.

Annual Healthy County Shot Clinic and Catapult Screenings

Provided 3 catapult health screenings with **75 employees** receiving an onsite wellness exam. The annual flu clinic provides an average of **60 flu vaccines** and other needed vaccines and COVID boosters

FCH 4-H- Summer Camps and Curriculum Enrichment

Hosted an H-E-B Cake camp with **15 participants & 5 volunteers**, Yoga & Smoothie Camp with **15 participants and 3 volunteers**, BBQ Grilling Camp with **13 participants**. Sundae Funday with Corsicana Parks and Rec with **45 participants**. Assisted Kellie Cope with BLT Choose Healthy, Dance Fit and Lfor the YMCA Summer Programs **60 participants**, Boys & Girls Club **35 participants** and VOICE **24 participants with a total of over 200 students reached**

Thanks for allowing me the opportunity to update you on the Extension educational programming in Navarro County and the efforts being made by your county Extension agents Andrew, Lorie and Cecily. They continue to provide programming which is in tune with our mission which is to provide quality, relevant outreach and continuing educational programs and services to the people of Texas. If you ever have any questions, comments, or concerns, please do not hesitate to give me a call at 254-968-4144 or e-mail at d-kelm@tamu.edu.



Donald W. Kelm, Ed.D.
District Extension Administrator